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Kym Ahrens MD, MPH, is a Professor in the Department of Pediatrics, Division of Adolescent Medicine at Seattle Children's Hospital and the University of Washington. Her work focuses on understanding risk and resilience factors and developing, implementing, and optimizing strategies to improve outcome for systems-involved youth (youth in foster care and legally-involved youth) as well as other youth populations exposed to early adversity. She is also Medical Director of the Washington State Department of Children, Youth and Families Juvenile Rehabilitation system where she works to enhance substance use and overdose prevention and treatment efforts using a combination of research and policy efforts.