



Amy Sanghavi Shah, MD, MS

Professor of Pediatrics
Division of Endocrinology
Cincinnati Children's Hospital Medical Center
The University of Cincinnati

Amy Sanghavi Shah, MD, MS, is Professor at the University of Cincinnati College of Medicine, the Research Director for the Division of Endocrinology, the Director of the Adolescent Type 2 Diabetes Program, and an attending physician at Cincinnati Children's Hospital Medical Center. She is a pediatric endocrinologist, clinical lipidologist and a clinical and translational researcher with a focus on youth-onset type 2 diabetes and its associated complications. In her largest portfolio of work, she and her team have demonstrated 1) Atherogenic lipoprotein subspecies accelerate atherosclerosis in type 2 diabetes; 2) Early and severe impact of youth-onset type 2 diabetes on the heart, vasculature, and brain; 3) The role of nontraditional risk factors such as insulin resistance, adiponectin, and inflammation in early diabetes complications; and 4) Superiority of metabolic surgery compared to medical management on cardiovascular risk factors. Her current research program is funded by several grants from the NIH.