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Dr. Narang is a Paediatric Respiriologist and Sleep medicine specialist at the Hospital for Sick Children, Toronto and a Professor of Paediatrics at the University of Toronto. She is a Senior Scientist in the Research Institute and the inaugural Associate Chair of Faculty Development, Equity, Diversity and Inclusion (EDI) at the Hospital for Sick Children.

Dr. Narang completed medical school and postgraduate training in the UK. Her first faculty appointment was at Great Ormond Street Hospital, London, UK, before she commenced her role as the Director of Sleep Medicine at SickKids in 2007. Dr. Narang is an internationally recognized expert in paediatric sleep disorders and under her leadership, she established the largest and most comprehensive paediatric sleep program in Canada with an integrated clinical, research, education and training platform. Her current research has focused on the evaluation of effective and novel therapeutic interventions for sleep disorders in children and she has published more than 100 peer-reviewed papers. Her research and leadership have transformed and promoted excellence in clinical care for children with underlying sleep disorders through innovative clinical and translational research.

As the Associate Chair of EDI and Faculty Development in the Department of Pediatrics Dr. Narang has played a pivotal role in advocacy, capacity building, and driving knowledge related to EDI and faculty development at the organizational level and beyond. She is actively and passionately engaged in creating and fostering an equitable healthcare system to promote health equity for all. Dr. Narang is committed to training, mentoring, and promoting the next generation of health care providers, translational scientists, and leaders in sleep medicine and EDI in Canada and globally.