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Dr. Katie Plax is the Division Chief of Adolescent Medicine at Washington University School of Medicine. Her clinical and research focus is special populations of youth including: medical care to adolescents with HIV, youth in the foster care system, youth with other high-risk behaviors and youth behavioral health. The links between these areas is central to her leadership in the development of The SPOT (Supporting Positive Opportunities with Youth), a youth specific drop-in center, to serve the health and social service needs of 13-24-year-olds. Since 2008, The SPOT has served over 25,000 youth.

Dr. Plax also engages in system and policy advocacy around health care access, youth in foster care and reproductive and sexual health.