



2022 American Pediatric Society Election Candidate

Position:	Council Member
Candidate:	Laura Richardson, MD, MPH
Candidate Institution(s):	University of Washington Seattle Children's Hospital
Candidate Subspecialty:	Adolescent Medicine

Personal Interest Statement for an American Pediatric Society Council Position:

I am very honored to be nominated for a position on the American Pediatric Society Council and would be excited to serve in this capacity.

I am a Professor of Pediatrics and the Division Chief of Adolescent Medicine at the University of Washington and an epidemiology and health services trained clinician scientist. My research work focuses on designing strategies to improve access to behavioral health services for adolescents and their families. I have enjoyed attending the PAS meetings throughout my career and have found them to be a wonderful home for research collaborations, networking, mentorship, and inspiration. I have previously served on the Society for Pediatric Research Council, playing a lead role in mentoring effort development, and as a board member and Director of Programs for the Society for Adolescent Health and Medicine. I also direct the MCHB-funded University of Washington Leadership Education in Adolescent Health Program which provides structured mentoring and leadership training opportunities for interdisciplinary fellows.

In putting my name forward for the Council, I would hope to contribute my expertise in leadership training and mentoring program supports with a hope of continuing to support the development of innovative strategies to increase diversity and retention in the field. I would also be interested in participating in advocacy efforts related to health equity, behavioral health, research, and improving health outcomes for all youth. I am grateful for this opportunity and wish to express my strong interest in joining the Council.

Laura Richardson, MD, MPH
Chief, Division of Adolescent Medicine
Professor, Department of Pediatrics
University of Washington/Seattle Children's Hospital
Seattle, Washington

Laura Richardson, MD, MPH

Medical education and dates

1990-1994 M.D., University of Michigan Medical School, Ann Arbor, Michigan.

House staff training and dates

1994-1998 Residency, Internal Medicine and Pediatrics. University of Michigan School of Medicine, Ann Arbor, Michigan.

Fellowship positions and dates

1998-2001 Fellowship, Adolescent Medicine. University of Washington School of Medicine, Seattle, Washington.

1999-2001 NRSA Academic Pediatric Fellowship. University of Washington School of Medicine, Seattle, Washington.

Faculty positions (

1999-2001 Acting Instructor, Division of General Pediatrics. University of Washington, Seattle, Washington.

2001-2007 Assistant Professor, Divisions of Adolescent Medicine & General Pediatrics, University of Washington, Seattle, Washington.

2007-2013 Associate Professor, Divisions of Adolescent Medicine & General Pediatrics, University of Washington, Seattle, Washington.

2004-present Adjunct Faculty, Department of Psychiatry, University of Washington, Seattle, Washington

2006-2015 Director, Adolescent Medicine Fellowship, University of Washington, Seattle, Washington.

2008-present Investigator, Center for Child Health, Behavior, and Development, Seattle Children's Hospital Research Institute, Seattle, Washington.

2008-present Affiliate Investigator, Group Health Research Institute, Seattle, Washington

2012-present Adjunct Faculty, Health Services, University of Washington School of Public Health, Seattle, Washington.

2012-2016 Associate Director, University of Washington Leadership Education in Adolescent Health Program, Seattle, Washington.

2013-present Professor, Divisions of Adolescent Medicine & General Pediatrics, University of Washington, Seattle, Washington.

2013-2016 Associate Division Chief, Adolescent Medicine, University of Washington, Seattle, Washington

2016-2017 Interim Division Chief, Adolescent Medicine, University of Washington, Seattle, Washington

2016-present Director, University of Washington Leadership Education in Adolescent Health Program, Seattle, Washington

2017-present Division Chief, Adolescent Medicine, University of Washington, Seattle, Washington

Current position(s)

Professor, Divisions of Adolescent Medicine & General Pediatrics and
Division Chief, Adolescent Medicine, University of Washington, Seattle, Washington

Society memberships

American Pediatric Society (2015-present)

Society for Adolescent Health and Medicine (1998-present), Key Leadership Roles: current Board Member At Large (2019-2022) and former Director of Programs (2013-2015)

Society for Pediatric Research (2005-present), Key Leadership Roles: former Council Member (2016-2018) and Co-Leader of the Mentoring Task Force (2016-2018)

Previous and current service and involvement in the activities of the American Pediatric Society

Most of my involvement with the American Pediatric Society has been focused on attending APS sponsored events at the PAS meeting and in shared council meetings and collaborative learning and planning around career mentoring associated with my previous Society for Pediatric Research leadership role in the Mentoring Task Force.

Areas of research interest

My key area of research interest is in the development and implementation of integrated behavioral health services models for adolescents with anxiety, depression and suicidal ideation who are seen in outpatient medical settings, including primary care and medical specialty clinics. I also have an interest in the development of effective screening and preventive intervention models for adolescent health risk behaviors such as substance use and sleep issues.